

# Cyberbullying Quiz

1. Name at least three types of cyberbullying.
2. What makes online bullying particularly upsetting and damaging?
3. What's the first thing you should do if you're the victim of a cyberbully?
4. If you are bullied online, should you keep copies of any threatening messages, pictures, or texts used to bully you?
5. True or False: Cyberbullies can face serious consequences, such as being kicked off sports teams, suspended or expelled from school, or even face legal punishments.
6. What are some reasons why "sexting" (exchanging sexually explicit text messages or images) isn't a good idea?

## Answers:

1. Online threats; rude texts; mean tweets, posts, or messages; posting personal information, photographs, or videos designed to hurt or embarrass someone else; refusing to take down a post or webpage that embarrasses someone after you are asked to; texting, emailing, or posting unwanted messages or photographs of a sexual nature.
2. Any of the following or more: The bully is invisible, it's difficult to trace, a helpless feeling.
3. Tell an adult you trust, such as a parent, teacher, counselor, coach, clergy, etc.
4. Yes. These can be used as evidence with the bully's parents, school, employer, or police.
5. True.
6. Messages or images you intend to be private are out of your control after you hit send. In the wrong hands, such messages or images can be used to embarrass, intimidate, or humiliate.