

CATHOLIC PRAYERS TO KNOW

The prayers on the next several pages are learned by students at various stages along their years in the Faith Formation program: some are learned early on in 2nd and 3rd Grade, while others are learned in the Middle and High School years. Beside each prayer is a number indicating which grade level a student most likely learned the prayer. If a student discovers a prayer below that he or she hasn't learned by the appropriate grade level, the student should learn it with the help of parents and catechists.

Sign of the Cross (1st Grade)

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.

Our Father (2nd Grade)

Our Father, Who art in heaven,
hallowed be Thy name.
Thy kingdom come,
Thy will be done, on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary (2nd Grade)

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Glory Be (2nd Grade)

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

Prayer Before Meals (3rd Grade)

Bless us, O Lord, and these thy gifts, which
we are about to receive, from thy bounty,
through Christ our Lord. Amen.

Guardian Angel Prayer (3rd Grade)

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard,
to rule and guide. Amen.

Hail, Holy Queen (3rd Grade)

Hail, holy Queen,
Mother of mercy, our life,
our sweetness and our hope.
To thee do we cry,
poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears.
Turn, then, most gracious advocate,
thine eyes of mercy toward us,
and after this, our exile,
show unto us
the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the
promises of Christ.

St. Michael Prayer (4th Grade)

St. Michael the Archangel,
defend us in battle.
Be our safeguard against the wickedness
and snares of the Devil.
May God rebuke him, we humbly pray,
and do thou,
O Prince of the Heavenly Hosts,
by the Divine Power of God,
thrust into hell Satan,
and all the evil spirits,
who prowl about the world
seeking the ruin of souls. Amen.

Fatima Prayer (4th Grade)

O My Jesus, forgive us our sins, save us from
the fires of Hell and lead all souls to Heaven,
especially those who are in most need of
Thy mercy.

Mass Responses (4th Grade by heart)

For example:

Priest: The Lord be with you.

All: And with your spirit.

Priest: Lift up your hearts.

All: We lift them up to the Lord.

Priest: Let us give thanks to the Lord our
God.

All: It is right and just.

Priest: Behold the Lamb of God...

All: Lord, I am not worthy that you should
enter under my roof, but only say the word
and my soul shall be healed.

Act of Contrition (5th Grade by heart)

O my God,
I am heartfully sorry
for having offended thee,
and I detest all my sins
because of thy just punishment,
but most of all
because I have offended thee my God,
who are all good
and deserving of all my love.
I firmly resolve, with the help of thy grace,
to sin no more,
and to avoid the near occasion of sin. Amen.

or

O my God,
I am sorry and repent with all my heart
for all the wrong I have done
and for the good I have failed to do,
because by sinning I have offended you,
who are all good and worthy to be loved
above all things.
I firmly resolve, with the help of your grace,
to do penance,
to sin no more,
and to avoid the occasions of sin.
Through the merits of the Passion of our
Savior Jesus Christ,
Lord, have mercy.

Memorare (6th Grade)

Remember, O most gracious Virgin Mary,
that never was it known that anyone who
fled to thy protection, implored thy help, or
sought thy intercession was left unaided.
Inspired by this confidence, I fly unto thee, O
Virgin of virgins, my mother; to thee do I
come, before thee I stand, sinful and
sorrowful. O Mother of the Word Incarnate,
despise not my petitions, but in thy mercy
hear and answer me. Amen.

Apostle's Creed *(5th Grade by heart)*

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day
He rose again from the dead;
He ascended into heaven,
and is seated at the right hand
of God the Father Almighty;
from there He will come
to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Stations of the Cross *(6th Grade)*

1st Station: Jesus is condemned to death
2nd Station: Jesus carries His cross
3rd Station: Jesus falls for the first time
4th Station: Jesus meets his mother
5th Station: Simon helps Jesus carry his cross
6th Station: Veronica wipes the face of Jesus
7th Station: Jesus falls the second time
8th Station: Jesus meets the women
9th Station: Jesus falls a third time
10th Station: Jesus is stripped of his clothes
11th Station: Jesus is nailed to the cross
12th Station: Jesus dies on the cross
13th Station: Jesus' body is taken down
14th Station: Jesus is laid in the tomb

Nicene Creed *(6th Grade by heart)*

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.
For our sake
he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe
in one, holy, catholic and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward
to the resurrection of the dead
and the life of the world to come. Amen.

Mysteries of the Rosary (7th Grade)

The Five Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding in the Temple

The Five Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

The Five Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Coronation of Mary

The Five Luminous Mysteries

1. The Baptism of Christ in the Jordan
2. The Wedding Feast at Cana
3. Jesus' Proclamation of the Coming of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

Mondays – Joyful Mysteries
Tuesdays – Sorrowful Mysteries
Wednesdays – Glorious Mysteries
Thursdays – Luminous Mysteries
Fridays – Sorrowful Mysteries
Saturdays – Joyful Mysteries
Sundays – Glorious Mysteries, except...
During Advent: pray the Joyful
During Lent: pray the Sorrowful

Divine Praises (8th Grade)

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus

in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God,

Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints

Anima Christi (9th Grade)

Soul of Christ, sanctify me

Body of Christ, save me

Blood of Christ, inebriate me

Water from Christ's side, wash me

Passion of Christ, strengthen me

O good Jesus, hear me

Within Thy wounds hide me

Suffer me not to be separated from Thee

From the malicious enemy defend me

In the hour of my death call me

And bid me come unto Thee

That I may praise thee with Thy saints

And with Thy angels

Forever and ever. Amen

Angelus (9th Grade)

Usually prayed at 6am, Noon, and 6pm):

The Angel of the Lord declared unto Mary:
And she conceived of the Holy Spirit.

Hail Mary...

Behold the handmaid of the Lord:
Be it done unto me according to Thy word.

Hail Mary...

And the Word was made Flesh:
And dwelt among us (bow your head)

Hail Mary...

Pray for us, O Holy Mother of God,
that we may be made worthy of the
promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy
grace into our hearts; that we, to whom the
incarnation of Christ, Thy Son, was made
known by the message of an angel, may by
His Passion and Cross be brought to the
glory of His Resurrection, through the same
Christ Our Lord. Amen

The Rosary *(Be able to lead by 10th Grade)*

Make the Sign of the Cross with the crucifix and kiss the crucifix.

Apostles Creed

Leader: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

All: I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

On the first bead, pray an Our Father.

Leader: Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come, thy will be done on earth as it is in heaven.

All: Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Pray one Hail Mary on each of the next three beads.

Leader: Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Pray one Glory Be.

Leader: Glory be to the Father, and to the Son and to the Holy Spirit.

All: As it was in the beginning, is now and ever shall be, world without end. Amen.

The Leader announces the Mystery of the Rosary to be reflected on. Then pray one Our Father on the next single bead.

On each of the next ten beads (a decade), pray one Hail Mary. After the tenth Hail Mary, pray a Glory Be, and then the Fatima Prayer:

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those in most need of Thy Mercy.

After praying all five decades, all together pray the Hail, Holy Queen:

Hail, holy Queen, Mother of Mercy! our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley, of tears. Turn, then, most gracious Advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary.

Leader: Pray for us, O holy Mother of God.

All: That we may be made worthy of the promises of Christ.

Leader: Let us pray.

All: O God whose only begotten Son by His Life has purchased for us the rewards of eternal life, Grant that we beseech Thee while meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Make the Sign of the Cross with the crucifix and kiss the crucifix.

Chaplet of the Divine Mercy (11th Grade)

The Chaplet is prayed using ordinary Rosary beads of five decades. The Chaplet is preceded by two opening prayers from the Diary of Saint Faustina and followed by a closing prayer.

The Sign of the Cross with the Crucifix

All: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Opening Prayers on the 1st Bead

Leader: You expired, O Jesus, but the source of life gushed forth for souls and an ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

All: O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You! (3x)

Our Father on the 1st of Three Beads

Leader: Our Father, who art in heaven, hallowed be thy Name. Thy Kingdom come. Thy will be done on earth as it is in Heaven.

All: Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary on the 2nd of Three Beads

Leader: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Apostle's Creed on the 3rd of Three Beads

Leader: I believe in God, the Father almighty, Creator of Heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into Heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead.

All: I believe in the Holy Spirit, the holy catholic Church, the Communion of Saints, the forgiveness of sins, the Resurrection of the body, and life everlasting. Amen.

The following is said five times, using the remainder of the Rosary beads:

On the Singular Bead

Leader: Eternal Father...

All: I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

On each of the Ten Following Beads

Leader: For the sake of His sorrowful Passion...

All: have mercy on us and on the whole world.

On the Medallion

All: Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.
(3x)

Closing Prayer

All: Eternal God, in whom mercy is endless and the treasury of compassion— inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself. Amen.

Jesus, I trust in you.